

VALUABLE REMEDIES

FOR

INFLUENZA

Grippe and "Common Colds"

By Wm. N. Mundy, M.D.

Remedies of established value in bedside
practice, and successfully employed in
the Influenza Epidemic of 1918

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

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Libradol is a plastic, homogeneous, highly medicated plasma that may be easily spread on parchment or the skin. It will not soften or run with the heat or moisture of the body.

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Treatment of Influenza

By Wm. N. Mundy, M.D.

If asked to name the remedies most likely to prove serviceable in influenza, I would name aconite, gelsemium, rhus tox, asclepias and bryonia.* These will fit the majority of cases, but in special conditions, veratrum, lobelia, ipecac, phosphorus, and occasionally macrotys are called for. The preparations of these drugs that I employ are the Specific Medicines, which for thirty-five years I have found could be relied upon for accuracy and effectiveness.

For Febrile Conditions, Aconite.-For febrile conditions characterized by the rapid, small pulse, I prescribe Specific Medicine Aconite, in small doses. I have no fear of this remedy, when indicated, even in pneumonia. In selected cases, it is one of our best remedies for pericarditis, for, when given in therapeutic doses, small and frequently repeated, it quiets the heart action and does not paralyze it. It is the large dose, prescribed for the physiological or poisonous action, that harms.

For Throbbing Headache, Gelsemium and Veratrum.-When the face is flushed, the eyes bright and the headache throbbing, even the carotids throbbing, Specific Medicine Gelsemium is the remedy. In these cases I usually combine it with Specific Medicine Veratrum, as the pulse is of course full and strong.

For Frontal Headache, Rhus Tox.-Specific Medicine Rhus is indicated by the sharp, lancinating, frontal headache. The pain is often above the eye, and suggestive of a possible sinusitis. The eyes are watery, and there is a discharge from the nose, evidencing sharply the influenzal character of the disease.

For Catarrhal Conditions, Asclepias.-In all catarrhal affections, especially in children, Specific Medicine Asclepias is one of my favorites. This I use when the skin is hot and dry, especially when there are pneumoni~ symptoms.

For Pleuritic Pains, Bryonia.-With pleuritic pains, even in pleurisy, with or without pneumonia, I use Specific Medicine Bryonia. This is the remedy in inflammation of serous membranes.

For Broncho-Pneumonia, and Complications, Lobelia, Veratrum, and Ipecac.-The most frequent complication of influenza that I have met is broncho-pneumonia, only a few cases of lobar presenting themselves. In the treatment of pneumonia cases, the remedies named above serve as a basis, additional agents being added or substituted as the case demands.

Lobar Pneumonia, Veratrum and Lobelia.- Very few cases of lobar pneumonia occur, in which Specific Medicine Veratrum is not indicated. Specific Medicine Lobelia is to be used when the cough is loose, when there are mucous rales throughout the chest, as in the later stages of broncho-pneumonia, or in a lobar-pneumonia with delayed resolution, with evidences of a bronchitis supervening.

Dysenteric Complications.-When the cough is dry, or where there are dysenteric symptoms, use Specific Medicine Ipecac.

Dysentery is frequently found, especially where the patient has dosed himself with laxative tablets of various brands or compositions, or has indiscreetly preceded his belated call for the physician by liberal doses of saline purgatives. This is the so-called "abdominal type."

* In addition to the remedies noted by Dr. Mundy, Specific Medicine Eupatorium is of first importance in the practice of many physicians. See page 10.-L. B.

For Pneumonia With Bloody Sputum, Phosphorus, Macrotys.-In pneumonia, when the sputum contains blood, the so-called "prune-juice" expectorations, use Specific Medicine Phosphorus. This I use uncombined with other remedies. In the early stages, when the patient complains of muscular soreness and aching, Specific Medicine Macrotys is valuable. This symptom I have not found uniform. Some patients complain only of the headache, weakness and dizziness. When they lay stress upon the muscular soreness, Macrotys is given.

This practically constitutes my complete list. Other remedies are occasionally called for, but those above named meet the majority of complications as they arise, especially the pneumonic. They are not used in fixed formulas, but are prescribed, singly or in simple combinations, as occasion requires. The doses vary with the patient and the condition. Please note that the remedies are selected, not in accordance with the name of the disease, but to meet the changing conditions of the patient.

Specific Medicines.

COLLOIDUM ACONITE

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: The small, frequent pulse.

Use: As a sedative in fever; in diseases of the throat and larynx; in the early stage of tonsillitis or quinsy; in irritative disease of the small intestines; in dysentery.

Dose: ℞. Sp. Med. Aconite, gtt. v to x.

Misc. Water, ℥iv.

Sig.: A teaspoonful of the dilution every hour.

Poisonous in Overdoses.

Specific Medicine Aconite is an increasing favorite with physicians. In the doses we advise it is quickly absorbed, and is absolutely safe. The indications for its use are a rapid, small, rather hard or wiry pulse, indicating heart enfeeblement and lack of tone in the capillaries of cardiac nerves, giving tone to the heart, thus removing obstruction to free circulation. If there is lack of skin action through above conditions, Sp. Med. Aconite is a true diaphoretic. In cases of enfeebled mucous membranes, giving rise to simple croup, laryn-gitis, gastritis, muco-enteritis and dysentery, it is a most successful remedy, also fevers of any name, with feeble circulation and occasional chilliness with asthenic conditions. It should be given in very small doses, say not more than two drops of Sp. Med. Aconite in ℥iv water, a teaspoonful given every 20 or 30 minutes. In my judgment, by relieving cardiac irritation, it acts as a true heart tonic. The maximum dose with me is gtt. v in ℥iv of water, teaspoonful as needed.
FEARN.



POISON

Antidote.- Emetic of mustard, followed by large draughts of warm water; then strong tea or coffee. Keep patient in horizontal position. Keep up artificial respiration.

Specific Medicines.

ASCLEPIAS

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: The skin is hot, but inclined to moisture; the face flushed, sharp pain.

Use: In pleurisy, peritonitis, and as a diaphoretic.

Dose: Sp. Med. Asclepias, gtt. x to ℥ij.

Misc. Water, ℥iv.

Sig.: A teaspoonful every hour.

Asclepias is the diaphoretic, and is associated with the sedative when an increased action of the skin is required.

It is especially a child's remedy, being feeble in action, though quite certain. When freely given, it is one of the most certain diaphoretics we have, providing the pulse is not frequent and the temperature increased. Even in the small dose of one drop, following the use of the special sedatives, it will markedly increase the true secretion from the skin. Asclepias has a decided influence over serous and mucous membranes, hence it becomes exceedingly useful as an associate remedy in pleurisy, and alone is a decided remedy for catarrhal affections of the pulmonary and gastro-intestinal tracts, when due to colds. For these purposes it is specially adapted to the stomach and bowel disorders of children, exhibited by weakness, mucous discharges, and gastric irritability, with general nervous unrest. It is a remedy for vaso disturbances in the parts supplied by the bronchial arteries, and is a prompt remedy for intercostal pain.

FELTER.

Specific Medicines.

COLLOIDUM BRYONIA

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: A hard, vibratile pulse, flushed right cheek, frontal pain extending to basilar region, irritative cough.

Use: An anti-rheumatic; in diseases of the serous membranes; in pleurisy and pneumonia.

Dose: ℞ Sp. Med. Bryonia, gtt. v to gtt x.

Misc. Water, ℥iv.

Sig.: A teaspoonful of the dilution everyone or two hours.

Poisonous in Overdoses.

This is a remedy for serous membranes, in rheumatism and diseases of the parenchyma of the lungs. The indications are: Frontal pain, extending to the occiput; right cheek flushed: pain constant and severe, but without sharpness: pulse of good size and steadily vibratile: cough, attended with lancinating pain, and in rheumatism with a steady, tensive ache.

Bryonia is the remedy for pain aggravated by motion, being decidedly curative in pleurodynia and rheumatic conditions of the chest. It is a remedy of the first importance in pleurisy, pneumonia, and la grippe. It is the remedy for dry, rasping, hacking cough, often explosive, and attended with more or less pain, sharp and tensive in character. Cutting pain in the liver region calls for Bryonia. FELTER.



POISON

Antidote.-Empty the stomach by siphon or emetic, using water copiously. If the bowels have not freely moved, purge with Epsom salts or castor oil, or demulcent enemata. Give freely of demulcents, stimulate with brandy or whisky, maintain body heat by external warmth, and administer morphine or other opiates to control pain and allay nervous irritability. Hot fomentations to the abdomen.

FELTER.

Specific Medicines.

COLLOIDUM
EUPATORIUM

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Specific Use: In rheumatism, inflammations, and fevers, where the pulse is large and the current of blood shows little waves.

Dose: : ℞. Sp. Med. Eupatorium, gtt. x to 3j.
Water, ℥iv.

Misc.

Sig.: A teaspoonful every hour.

Eupatorium Specific Medicine is often overlooked in selecting remedies for the control of miasmatic or malarial influences, particularly those cases not reached by quinine sulphate or arsenical preparations. The cases to which it is specially adapted are those in which the paroxysms are irregular, the chill and succeeding fever slight, the skin dry, and not, as a rule, followed by perspiration, unless the fever persists for a day, when a slight sweating may come on at night. The vomiting of much bile during the ague is an indication for Eupatorium. In other febrile conditions inclination to moisture of the surface, with a full and hot skin, calls for Eupatorium. Deep-seated aching of the muscles and periosteum (so-called "bone-pains") is a prominent indication for Eupatorium; the pulse is full and large, and exhibits short waves. With these indications it is a very useful remedy in colds, febrile affections, la grippe, rheumatism, and coughs. Dose may be much increased without danger.

KING.

Specific Medicines.

COLLOIDUM
GELSEMIUM

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: Flushed face, bright eyes, contracted pupils, increased heat of head, and general headache.

Use: In determination of blood and inflammation of the brain; in fever and inflammatory diseases with the above symptoms.

Dose: ℞. Sp. Med. Gelsemium, gtt. x to xx
Water, ℥iv.

Misc.

Sig.: A teaspoonful of the dilution every hour.

Poisonous in Overdoses.

This is the remedy for irritation of the nerve centers, marked by flushed face, bright eyes, contracted pupils and increased temperature.

Gelsemium exerts a specific influence upon the brain, and to a less extent upon the spinal centers and sympathetic. It relieves irritation and determination of blood, and the disordered innervation that flows from it,

Gelsemium exerts a direct action upon facial neuralgia, and headaches from cerebral hyperemia and nervous excitation. Pungent heat of the surface, with fever and restlessness, calls for this drug. Few remedies are as effective when the above indications are present in spasms of children, and in spinal, cerebral, and meningeal inflammations. A thin, resisting os uteri gives way under its use, and spasmodic urethral stricture is readily overcome by it. Scudder.

Special Notice.-We make a Hypodermic Gelsemium under the title "Subculoyd Gelsemium." The Specific Medicine is not recommended by us for hypodermic use.



POISON

Antidote.-Coffee, brandy, emetic of ipecac.

Specific Medicines.

COLLOIDUM
LOBELIA

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: Full oppressed pulse; oppression of the chest, with difficult respiration.

Use: In minute doses, a vascular stimulant. A single large dose relieves angina pectoris, and diseases of the chest of a similar character. Favors dilation of the cervix uteri in parturition, and is a specific for rigid os.

Dose: Sp. Med. Lobelia, .gtt. j to 3ss, in a little water, repeated as necessary. **Emetic in Overdoses.**

Specific Medicine Lobelia is one of the best stimulants in the Materia Medica. We probably have no better remedy to relieve convulsions in children, and it is reliable in puerperal convulsions. Angina pectoris is quickly relieved by a drachm of Specific Medicine Lobelia, and in pulmonary congestion and spasmodic asthma its action is usually prompt. Given in frequent small doses, with plenty of warm water, it is a safe anti-spasmodic and a safe emetic. Thrown into the bowel, it will often relieve strangulated hernia or intussusception.

Minute doses quickly relieve infantile colic and "sick headache" from gastric derangement, where there is a full, coated tongue, with nausea. Lobelia is of special value and quick action where there is a full, heavy oppressed feeling in the chest on "catching cold" as well as in asthenic bronchitis in children where there is increased secretion. A thick unyielding, rigid os uteri during labor, or rigid soft parts hinderinG the advance of the fetal head, yield to Its action. The hypodermic use of Specific Medicine Lobelia is not now recom-mended in diphtheria, Lloyd's Hypodermic Lobelia (Subculoyd) being preferred.

NIEDERKORN.

Specific Medicines.

MACROTYS

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: Muscular pains, pains increased by muscular contraction, uterine pain with sense of contraction.

Use: For rheumatism, and for muscular pains; also a remedy for inflammation of fibrous tissues. To relieve after-pains, false pains of labor; and in uterine rheumatism.

Dose: ℞ Sp. Med. Macrotys, 3ss to 3ij.

Water ℥iv.

Misc.

Sig.: A teaspoonful of the dilution every one or two hours. (Usually Aconite or Veratrum is added.)

This is the remedy first thought of in rheumatism and rheumatic neuralgia. It is the remedy for unpleasant sensations in the pregnant uterus; for false pains, and to aid the true ones. It is undoubtedly a partus preparator whenever the woman is troubled with unpleasant sensations in the last months of pregnancy. It is also a valuable remedy to correct the wrongs of menstruation, relieving pain, and looking toward normal functional activity.

Macrotys influences directly the reproductive organs. This influence seems to be wholly upon the nervous system, relieving irritation, irregular innervation, and strengthening normal functional activity.

For this purpose it is unsurpassed by any agent of our materia medica, and is very largely used.

It is the most prominent remedy for painful conditions, with muscular soreness and tension.

SCUDDER.

Specific Medicines.

COLLOIDUM VERATRUM

LLOYD BROTHERS, PHARMACISTS, INC.
CINCINNATI, OHIO

Indications: The full, strong, frequent pulse, surface flushed.

Use: Lessens the frequency of the heart's action and removes obstruction to the circulation. The remedy for sthenic fever and inflammation. A remedy in erysipelas, used internally and locally.

Dose: ℞ Sp. Med. Veratrum, gtt. v to xx.

Water, ℥iv.

Misc.

Sig.: A teaspoonful of the dilution every hour.

Poisonous in Overdoses.

This remedy is employed to slow the pulse, and is especially indicated when it is full and strong, the large pulse being the prominent feature. The deep red stripe down the center of the tongue-marked-is a characteristic symptom, calling for Veratrum. Fullness of tissue-not contraction-is found in cases where Veratrum gives its best results. It is a remedy, both locally and internally, in erysipelas, with full tissue and bright color, and in chronic disease, with full pulse and increased temperature.

KING.



POISON

Antidote.-Emetic of mustard, followed by large draughts of warm water. Then strong tea or coffee, stimulants (whisky, etc.), freely. Keep patient in horizontal position, apply warmth to the extremities, artificial respiration.

Prices of Preparations Mentioned in this Booklet

Libradol, 1/4 lb. jar.	\$ 60
" 1/2 " "	1 10
" 1 " "	2 00
" Hospital size.....	9 00
Libradol Mild, 1/4 lb. jar.	60
" 1/2 " "	1 10
" 1 " "	2 00
" Hospital size.	9 00
Specific Medicine Aconite.4 oz. bottle \$1 00
" " Asclepias.	" 1 00
" " Bryonia.	" " 1 00
" " Digitalis.	" 1 10
" " Eupatorium.	" 80
" " Gelsemium.....	" 1 00
" " Ipecac.	" 2 50
" " Lobelia.	" 1 25
" " Macrotys.	" 1 00
" " Phosphorus.	" 80
" " Rhus Tox.	" 1 00
" " Veratrum.	" 1 00

The labels of most of the Specific Medicines mentioned in the text of this pamphlet are reproduced on the preceding pages. More detailed accounts of these and other drugs are contained in our "Drug Treatises," which will be gladly mailed to physicians on application.

LLOYD BROTHERS, PHARMACISTS, INC.

LIBRADOL MILD

This preparation combines the smooth plasma of Libradol with the stimulating constituents but excludes the energetic drugs. It has but slight drug energy, other than that of ordinary glycerin magmas, which are well known and altogether too feeble to be relied on in either important cases or in acute pain. It is prepared in response to inquiries for a mild medicament to use topically with infants or to incorporate with Libradol when a modifying effect is desirable in supersensitive persons. In croup, pneumonia, etc., where continued applications are necessary over a large surface after the effect of Libradol is obtained, Libradol Mild is desirable as an after-dressing. It is invaluable as a dressing for burns and scalds. Libradol Mild should be spread thicker than Libradol, but like Libradol, it will not dry or crumble.

Useful as a stimulating application in croup, etc., after Libradol has produced its effect and to modify the energy of Libradol in the treatment of infants and super-sensitive individuals.

